

HARBOUR LIGHT

OFFICIAL VHFC NEWSLETTER July 2025

Editor: Ed Valitutto VHFC Website: http://www.vhfishingclub.com

VHFC meets the second Friday of each month from April through November

Location: Manahawkin Community Center

775 East Bay Ave Manahawkin, NJ

Doors open at 6:45; Meeting begins at 7:15 PM

Next meeting: 11 July 2025

PRESIDENT'S MESSAGE

Hello VHFC Members,

Well, we are just about through the July 4th holiday, and I hope everyone had a great time enjoying this revered holiday that commemorates the founding and birth of our country! But that also means that we are definitely heading into the middle of summer. The weather that had been so cold and then unbelievably hot, appears to have settled down into the usual summertime heat. Of course, the summer crowds have arrived, requiring a little planning to work around them to enjoy all that the Jersey shore has to offer. Please, do not assume that everyone has the same boating / navigating skills as you do especially if they have had a few drinks. Besides boats, our lagoons have kayakers, canoers, paddleboarders, jet skiers, tethered floats and free swimmers. Just a few days back as I cautiously approached a sharp lagoon turn, I was greeted by an adult riding a jet ski who not only didn't follow the "Stay to the Right" rule but was absorbed in his cell phone! You have no choice but to be extra careful and have plenty of patience!

On the fishing scene, fluking is the prime mid summer fishery and should only get better as the ocean warms. Fluking inside near the inlets or in our channels varies from outstanding to just okay. Read our Member Reports for all the latest. There are a few Stripers near the North jetty of Barnegat Inlet and off the sod banks but that fishery will likely have to wait until late fall for the southerly migration. Bluefish have been blitzing the inlet but that's a tough locale to fish. Hopefully they will soon take up residence outside the inlet with some Spanish Mackerel mixed in. Blowfish and Triggerfish have arrived (Dave Puzak already entered one of each) and Kingfish should be in the suds and provide some fun along with good eats. Seabass has reopened but only one fish can be kept if you catch one while fluking the reefs. Unfortunately, Tog remains closed until August. If you have the boat or even better, a friend with one, offshore offers lots of opportunities from Tuna and Sharks to the occasional Cobia, Mahi or King Mackerel. Tim Naples and Bayside Dave just reported catching three Yellowfins and one Bluefin! Also, do not forget about fishing from terra firma be it on the beach, jetty or off the sod banks. Pat Presutto, Bill Bond and Bayside Dave have been making some exceptional catches! Bottom line, take the time and enjoy our bounty!

So as the summer crowds and greenheads continue to arrive in larger numbers, do some fishing and enjoy all that the Jersey shore has to offer. Please share your reports for fellow club members! I look forward to seeing everyone on July 11th. As always, be sure to take a photo of your catch for our awards and submit a report for others to enjoy and learn where the fish are.

Ed

Helping Anglers Catch More Fish Since 1962!
Your one-stop destination before your next
fishing adventure
'On The Causeway'
280 W 9th St, Ship Bottom

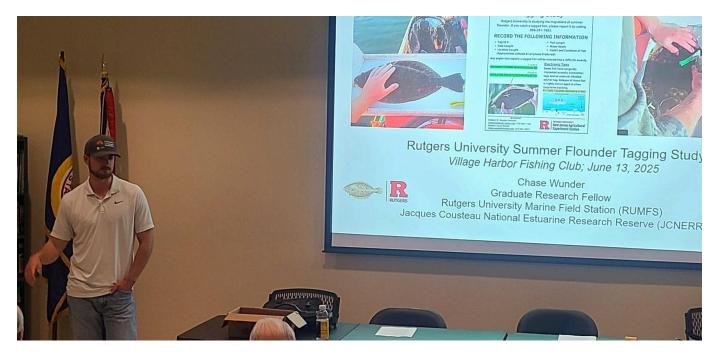
Visit FHQ 609 494 5739



JULY SPEAKER One or more Hutchinsons will be there to talk about regulations, tagging, crabbing and fishing - not sure but it is always interesting to listen to them! There will also be a presentation of the Melanie Boytos Award to Tyler Leary, our 2024 MBA winner. Since our Fluke Tournament is on Saturday July 12th, we will also decide if the event is a GO or postpone it for Sunday. Finally, It's Pizza Night!



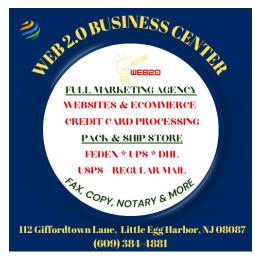
Dr. Doug Zemeckis presented the Rutgers University summer tagging study and Chase Wunder, the principal investigator, provided the details about how volunteers install spaghetti tags, and researchers install electronic tags that track the movement of summer flounder.



UPCOMING VHFC 2025 EVENTS - For your long term planning and participation.

- 1. Fluke Tournament / BBQ Saturday July 12 / Sunday July 13 rain date
- 2. Tri Club Tournament /BBQ August 2 / 3
- 3. Party Boat Fluke Trip on Super Chic Tuesday August 19
- 4. VHFC Open August 18 -24- New for 2025
- 5. Party Boat Bottom Trip on Mary M Wednesday October 1
- 6. October Dinner at Kosta's in Tuckerton on Wednesday October 15 at 6:00 PM
- 7. NovemberSurf Tournament

.....



Complete Website Design with web hosting and domain names.

Merchant services with low-cost credit card processing options.

Pack and Ship Store, FedEx, UPS, and USPS

Free Website and Merchant Services Review.

Visit Web 2.0 Business Center

NEW JERSEY REGULATORY NEWS by Phil Simon - I attended the recent meeting of the Summer Flounder, Scup, and Black Sea Bass Advisory Panel to the Mid Atlantic Fishery Management Council, so here are a few of my notes and impressions. I have to say that it was one of the quieter and most boring sessions I have attended so far. I think everyone is just burned out by all the arguments back and forth about the status of the management actions taken over the years. What was interesting was hearing from all the charter captains along the east coast, who as a group seems to be having a tough opening to the fishing season. Many complained that they are having a difficult time finding keepers for their clients, especially those in NY and CT where the Sea Bass minimums are 16 inches. Everyone noted that the waters seem unusually cold, but the reason why this is so is not clear yet. It's possible that the Gulf Stream has shifted south and we are seeing more water from the northern Labrador Current. One commercial captain described it as a dead ocean, no fish, no whales, no nothing. Speaking of Sea Bass, the stock is now 2.8X its target level. Time for another cutback, right? Could happen with the insane methods by which the regs are determined. Meanwhile, the health of the individual fish in the stock is not good, as many of the fish appear undernourished. Think it's possible there are too many of them and not enough food to feed them all? A little culling might do the stock some good, in my opinion.

Trends in the commercial fishing industry seem to indicate that for all three species the fleets are behind their landings compared to this time last year. For Summer Flounder, the trawlers have reached about 40% of their quota. Some of the captains are reporting lots of small fish. Most of their fishing takes place in the winter months, where they hit the offshore grounds hard. But overall trends since 2016 show increases in the commercial catch while a decrease in the recreational catch.

Dead discards continue to be a problem for Fluke and Sea Bass, where 15 to 20 to 1 ratios of discards to keepers is the norm. One proposal that continues to float around from meeting to meeting is to allow us to keep any size fish and just add up the inches to some limit. But who wants to keep an 8-inch Fluke? I don't think this can work unless small fish are excluded.

Another management policy under attack is the constant trend of increasing keeper size minimums. Aside from the potential of removing the best breeders from the population, over the long-term, culling the big fish can induce a genetic shift to a population of smaller fish. This is now clearly seen in the Atlantic Cod population in the Baltic, where big fish are now rare and the average fish is less than 12 inches!

The regs for all of our recreational fisheries will be set during the Fall and Winter. I have no sense yet how this is going to go. As all three of the fisheries covered by this panel are officially not overfished, and overfishing is not occurring, we should expect status quo. We shall see.

Jim Hutchinson Jr. wrote an interesting article in the July edition of The Fisherman on the status of potential changes in the recreational regulations, and I believe he is going to cover this at our meeting. We might also hear about the status of the Striper tagging project that The Fisherman is supporting. Here is a link to the, which you can read if you are a subscriber to the magazine:

Management Mumbo Jumbo: Fisheries Reform & Sector Separation - The Fisherman

This month's JCAA newspaper contains an interesting article from Marty Gary, who has been involved with Striped Bass management and biology for many years. Marty attributes much of the poor recruitment of this stock to low water flow in the tributaries of the Chesapeake Bay where the newly hatched larvae are finding conditions poor and food scarce. Here's a link to the article along: Jersey Coast Anglers Association The article is long and a little wonky but you should take the time to read it. There is also information about the upcoming Play Hook-e 9th Annual Veterans, Disabled Children, and Active-Duty Military Fishing Day (Aug 23). Contact Don Marantz (908-347-1434) or Paul Hewitt (609-408-7443) if you want to help out.

Home Is Where The Anchor Drops!

Go to <u>Anchor Homes</u> for more information

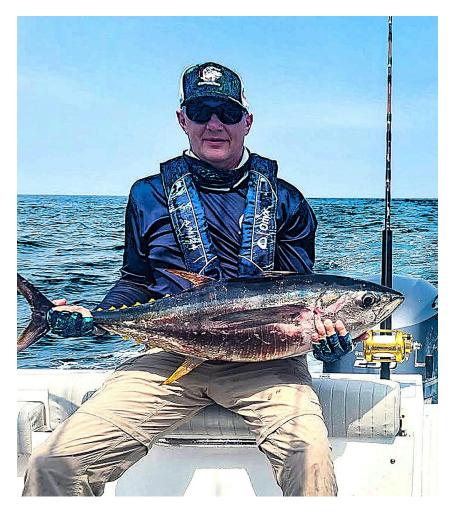




Your Community Real Estate Specialists
Cecilia "Ceil" Friedrich:
Broker/Owner/Property Management
948 Radio Rd
Little Egg Harbor, NJ 08087
Office: 609-879-3502
Direct: 609-658-7254
Ceilfriedrich@yahoo.com
Anchorhomesrealestate.com



JUNE POM WINNER - The June winning photo was submitted by Tim Naples after a successful day of Tuna fishing. At our July meeting, Phil Simon and Jerry Nichols will take a few minutes and present the other photos that were submitted.



That's Bayside Dave with his first ever tuna catch - a nice chunky Yellowfin! Dave was quoted during the battle as saying, "Boy this sure ain't like reeling in a Striper".

Family owned and operated, Creekside Outfitters delivers premier customer services, quality products, and fair pricing. 403 Rte 9, Waretown, NJ



SOCIAL MEDIA by Bayside Dave Etelman - Our VHFC sites are <u>VHFC FB Site</u> and <u>VHFC Instagram</u>. The FB site has 202 followers with 122 Likes with each post reaching thousands of people; our Instagram account has 198 followers. Dave shares Members Reports, club activities, monthly meetings as well as tips for fishing and boating on both social media networks. It's important to Like and Comment on each post to help boost distribution. Here's a recent post.

Here's a recent beach image showing how weedy the beach can become.



When it looks like this, it's best to search for a new spot to fish. Perhaps even calling it a day and going home early!



You will find Everything you need at Empire Fishing & Tackle in Tuckerton Visit Empire

NEW SPONSOR by John Stuebing - I am happy to announce that we have a new sponsor - **Great Bay Outfitters** Located at 955 Radio Road in Little Egg Harbor, Great Bay Outfitters is a full-service outfitter store. They offer Kayak sales and rentals along with accessories, rigging and repairs. Along with the Kayaks they also sell Bicycles and E-Bikes. The store is well stocked for all your Kayak adventure needs.

They are offering our members a 5% discount on Kayaks and 10% off accessories with proof of membership. If you are in the Mystic Island area, stop in and say hello to Paul. Tell him you are with *VHFC*!







VHFC FLUKE TOURNAMENT by Ed Valitutto - Final reminder for our 9th annual fluke tournament for members, family and their friends. Following the tournament, the club will sponsor a BBQ for tournament entrants at the Beach Haven West Pavilion located on Mill Creek Rd. VHFC will provide hamburgers, hot dogs, sides, soda and water. Please feel free to bring your favorite side dish to share.

The tournament entry fee is \$20.00 per person, including the BBQ for the member and their spouse and non-member fishing participants. Members and non-member participants may invite a guest(s) to attend the BBQ, but each guest, 13 years old or older, must pay \$10.00. All tournament entry fees are paid out as prize money.

TOURNAMENT RULES

- Entry Fee \$20.00 per person
- Date Saturday July 12, 2023 (Rain date Sunday July 13)
- Time 12:01 AM to 5:00 PM Where Surf or boat south of 40* 06' (Manasquan Inlet) and north of 39* 05' (Townsend Inlet).
- Weigh In BHW Pavilion from 4:30 5:00 PM. One entry per person.
- Prizes 1St Place = 50% of prize money 2nd Place = 30% 3rd Place = 20%

As of today, we are at 28 anglers. You can sign up at any time including at Friday night's meeting but we need advance notice for the BBQ so we can buy adequate supplies. Please let John Stuebing or me know of your intentions. There are several signups whose attendance at the BBQ is unknown so I will be contacting you on Monday. Hope to see you on Saturday!

Your Source on LBI For Quality Bait & Tackle



317 Long Beach Blvd, Surf City

Surf City B&T

LBI 2025 Spring Derby - The derby closed on June 22nd and Weighmaster Pat Presutto nabbed the Bluefish prize with a 12.44-pound beauty, Congratulations Pat.

FYI, the Fall Surf Fishing Classic will be kicking off earlier than normal in 2025 to take advantage of the outstanding late summer fluke bite in the LBI surf. The 71st annual LBI Surf Fishing Classic will get underway on Saturday, August 30, and run through Sunday, November 30 with a variety of eligible tournament species including summer flounder, striped bass, bluefish, tautog and kingfish. BTW, VHFC will be a silver sponsor this year for the event.

TRI-CLUB FLUKE CHALLENGE by John Stuebing - As discussed at the last meeting, VHFC will be hosting the Tri-Club Fluke Challenge. This Tournament will be Village Harbour versus Fish Hawks versus Forked River Tuna Club. The dates for this Tournament will be Saturday 8/2/25 for Fishing and Sunday 8/3/25 for the Awards Picnic. Below are some more details:

- This year VHFC is hosting the event. VHFC will do the preparation, cooking and clean
 up after the Awards Picnic. We will also be running the 50/50 raffle. Currently there are
 8 of us that have volunteered to help but we could use more help. If you are willing to
 lend a hand contact either; Jerry Nichols, Chuck Dishian or John Stuebing.
- There is no entry fee for this Tournament but only active Members of each Club are eligible. The Tournament is sponsored by Creekside Outfitters.
- Anglers can bring Family and/or Friends to the Picnic. The Picnic will be held at the
 Forked River Tuna Club facility. There is both indoor and outdoor seating available
 and there will be a cash bar. The cost of the Picnic is \$5.00 per person. Kids under 12
 are free. The Picnic gets started at 1:00PM.
- All Fluke must be weighed in at Creekside Outfitters in Waretown. The top 10 Fluke
 for each Fishing Club will be counted toward the Club Championship. There will also
 be individual awards (Gift Certificates to CreekSide Outfitters) for the Largest Fluke:
 \$100, 2nd Place: \$50, 3rd through 6th Place: \$25.
- I have a sign-up sheet and will have it available at the July Meeting. You can also send me an e-mail (<u>stuebs@comcast.net</u>) if you would like to sign up for the Tournament and/or Picnic. I also need to know the number of people you will be bringing to the Picnic. You can pay for the Picnic at the July Meeting. or mail it to me.
- The winning Club will be presented a Trophy at the Picnic!

This event can be a lot of fun and offers an opportunity to meet new people with a common interest. I am confident that VHFC will have Bragging Rights and bring home the Trophy!

.....



A Full Service Boating and Fishing Store Serving Manahawkin, LBI and Barnegat Bay

Visit BHW Marine Center

HURRICANE BOAT PREPARATION by Ed Valitutto - I saw this article on Hurricane Boat Preparation and thought club members would like it. Go to **Hurricane Boat Prep**

For All Your Boating Needs

GO TO The Boat Shop

756 East Bay Avenue, Manahawkin



VHFC OPEN by John Stuebing - We are planning a new tournament for August 18 – 24 that will be different from the last one. We will be fishing for Fluke, Bluefish, Sea Bass, Triggerfish and Tog. It will run for an entire week (7 days). Each angler can fish any two days All fish must be measured and a photo sent to Pat Presutto and Ed Valitutto. Only your largest fish, per species, per day will count. Just like we do for the FOM's, the pictures must clearly show the total length of the fish or will be disqualified. All NJ fishing regulations apply as do all VHFC geographic boundaries. Anglers earn points for the most total inches by species. Winners are determined by total points across all species. Entry Fee will be \$20. Top three anglers will win a percentage of the pot (50%, 30%, 20%). Below is a look at how points are earned.

PTS	Fluke	Bluefish	Sea Bass	Blackfish	Triggerfish
	5th Most	5th Most	5th Most	5th Most	5th Most
1	Inches	Inches	Inches	Inches	Inches
	4th Most	4th Most	4th Most	4th Most	4th Most
2	Inches	Inches	Inches	Inches	Inches
	3rd Most	3rd Most	3rd Most	3rd Most	3rd Most
3	Inches	Inches	Inches	Inches	Inches
	2nd Most	2nd Most	2nd Most	2nd Most	2nd Most
4	Inches	Inches	Inches	Inches	Inches
	Most	Most	Most	Most	Most
5	Inches	Inches	Inches	Inches	Inches



For all your Bait & Tackle needs, visit Scott's Bait & Tackle in Tuckerton Scott's

Leader / Winner

Size

Species

Fish of the Month (FOM) - The largest fish caught during the specified period will be awarded a \$50 gift certificate to a local tackle shop. For 2025, there are 34 FOM adult awards and 7 Junior Angler Only awards each for a \$50 certificate. As of today, there are 7 Junior Angler and 20 Adult contests open.

Open contests are shaded Green. Closed contests are shaded Red.

5 FOMs closed in June: 2 Surf - Pat P Bluefish 30" & Pat P Fluke 22"

3 Boat - Cheri Hebert Fluke 26.5", Marty Sea Bass 19.5" & Jim Healy Bluefish 24.75" Congratulations to all!

Junior Angler Awards

Start

Finish

opedies	Start	1 1111311	Leader / Willie	Size
White Perch	3/1/25	12/31/25	TBD	
Bluefish	3/1/25	12/31/25	TBD	
Kingfish	3/1/25	11/30/25	TBD	
Blowfish	3/1/25	11/30/25	TBD	
Fluke	5/4/25	9/25/25	TBD	
Sea Bass	5/17/25	12/31/25	Bryson Wyatt	15.25
Striped Bass	3/1/25	12/31/25	TBD	
	Sur	f FOM		
_	0 4 4			
Species	Start	Finish	Leader / Winner	Size
Species Striper	3/1/25	7/31/25	Leader / Winner Pat Presutto	30 7/8 "
Striper	3/1/25	7/31/25	Pat Presutto	
Striper Striper	3/1/25 8/1/25	7/31/25 12/31/25	Pat Presutto TBD	30 7/8 "
Striper Striper Over 31"	3/1/25 8/1/25 3/1/25	7/31/25 12/31/25 12/31/25	Pat Presutto TBD Tom Godfrey	30 7/8 "
Striper Striper Over 31" Bluefish	3/1/25 8/1/25 3/1/25 3/1/25	7/31/25 12/31/25 12/31/25 6/30/25	Pat Presutto TBD Tom Godfrey Pat Presutto	30 7/8 "
Striper Striper Striper Over 31" Bluefish Bluefish	3/1/25 8/1/25 3/1/25 3/1/25 7/1/25	7/31/25 12/31/25 12/31/25 6/30/25 12/31/25	Pat Presutto TBD Tom Godfrey Pat Presutto TBD	30 7/8 " 44.5 30.25
Striper Striper Striper Over 31" Bluefish Bluefish Fluke	3/1/25 8/1/25 3/1/25 3/1/25 7/1/25 5/4/25	7/31/25 12/31/25 12/31/25 6/30/25 12/31/25 6/30/25	Pat Presutto TBD Tom Godfrey Pat Presutto TBD Pat Presutto	30 7/8 " 44.5 30.25

2025 Boat FOM Leaders

Species	Start	Finish	Leader / Winner	Size
Striper	3/1/25	7/31/25	Drew Kraycirik	26.5
Striper	8/1/25	12/31/25	TBD	
Striper Over 31"	3/1/25	12/31/25	TBD	
Bluefish	3/1/25	6/30/25	Jim Healy	20.75
Bluefish	7/1/25	12/31/25	TBD	
Blackfish	4/1/25	4/30/25	Bert Kern	17.5
Blackfish	8/1/25	12/31/25	TBD	
Sea Bass	5/17/25	6/19/25	Marty Friedrich	19.5
Sea Bass	7/1/25	8/31/25	TBD	
Sea Bass	10/1/25	12/31/25	TBD	
Triggerfish	5/1/25	11/30/25	Dave Puzak	14.25
Porgy	5/1/25	12/31/25	TBD	
Fluke	5/4/25	6/30/25	Cheri Hebert	26.5
Fluke	7/1/25	7/31/25	TBD	
Fluke	8/1/25	8/31/25	TBD	
Fluke	9/1/25	9/25/24	TBD	
Weakfish	4/1/25	10/31/25	TBD	

2025 Boat or Surf FOM Leaders

Species	Start	Finish	Leader / Winner	Size
White Perch	3/1/25	12/31/25	Dave Spendriff	19
Blowfish	3/1/25	11/30/25	Dave Puzak	8.25
Kingfish	3/1/25	11/30/25	TBD	
Black Drum	3/1/25	12/31/25	Tyler Leary/Tom Godfrey	39

2025 Offshore FOM Leaders

Species	Start	Finish	Leader / Winner	Size
Bluefin	5/1/25	11/30/25	TBD	
Yellowfin	5/1/25	11/30/25	TBD	
Mahi	5/1/25	11/30/25	TBD	
False Albacore	9/1/25	11/30/25	TBD	

2025 FOM ENTRIES - Here's our list of 2025 entries since the last Newsletter. Go to <u>2025 FOM Entries</u> for the list of all entries and contest standings

Marty Friedrich	Fluke	Boat	June	2	21	2	
Perry Hoagey	Sea Bass	Boat	June	3	17.25	3	14 Mile Wreck off AC
Bob Dodds	Sea Bass	Boat	June	5	17.5	3	Offshore Wreck
Mila Ellis	Fluke	Boat	June	12	20	2	Lighthouse
Pat Presutto	Fluke	Surf	June	17	22	3	Tuckerton Sod Banks
Jim Healy	Fluke	Surf	June	18	20.75	2	LBI Surf
Dave Etelman	Fluke	Boat	June	20	21.5	2	North Beach
Marty Friedrich	Fluke	Boat	June	21	22.5	3	
Dave Puzak	Triggerfish	Boat	June	22	14.25	N/A	Barnegat Inlet
Dave Puzak	Blowfish	Boat or Surf	June	22	8.25	N/A	Barnegat Inlet
Joe Filice	Fluke	Boat	June	23	23.75	4	Wreck
Marty Friedrich	Fluke	Boat	June	23	23.75	4	
Jim Healy	Bluefish	Boat	June	24	24.75	4	Barnegat Inlet
Tyler Leary	Bluefish	Boat	June	24	21.25	2	Barnegat Inlet
Mike Woodrow	Bluefish	Boat	June	24	22.5	3	Barnegat Inlet
Tom Godfrey	Bluefish	Boat	June	25	20	2	
Drew Kraycirik	Striped Bass	Boat	June	28	26.5	1	Oyster Creek Sedges
Cheri Hebert	Fluke	Boat	June	30	26.5	7	Barnegat Inlet
Paul Pinatelli	Fluke	Boat	July	4	22.75	3	Wreck
Brian Leary	Triggerfish	Boat	July	5	14.75		Barnegat Reef

Here are some recent catch photos



That's Cheri Hebert's monster 26.5" Fluke!



Brian and Larry Leary were out at a few wrecks and caught these nice
Triggerfish and a 19" Fluke.

The larger Trigger went 14.75"!



701 Old Avalon Blvd Unit 4 Avalon, NJ 08202

Phone: (609) 390-3355 • Fax: (609) 390-0849

Martek Marine Electronics is a full service marine electronics equipment dealer.

We can help you decide on the best piece of equipment to suit your needs.

We provide sales, service, and installation. Visit Martek

2025 MBA Point Leaders (Top 5 Shown)

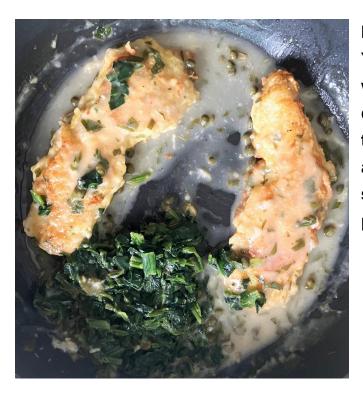
Angler	MBA Points
Pat Presutto	13
Tom Godfrey	12
Ed Valitutto	11
Bill Bond	10
Marty Friedrich	8

2025 Fish of the Year Leaders

Bluefish	Pat Presutto	30
Fluke	Cheri Hebert	26.5
Sea Bass	Marty Friedrich	19.5
Striped Bass	Tom Godfrey	44.5
Weakfish	TBD	No Entry
Blackfish	Bert Kern	17 1/2

FLUKE FISHING ON THE SUPER CHIC by Phil Simon- We still have some openings for our ocean fluke charter on the Super Chic for Tuesday August 19. Please contact me asap if you want to go. Cost isl estimated at ~ \$135 depending on our final number with a max of 14. Text to 908-656-4086, or email to sciman2@gmail.com. Although this is billed as a fluke trip, remember Sea Bass is open and Tog will be open for August. Plus you never know what else is lurking on the bottom near wrecks - Triggerfish, Porgies and even bluefish are possible!

RECIPES - Fish Francaise Variant - by Ed Valitutto



I saw this version of Francaise on YouTube and have tried it several times with really good results. The main difference is that instead of just dipping the floured fish in beaten eggs, the eggs are flavored and thickened. Try it and see for yourself. as you can see in the photo at left.

Ingredients

Fish - Fillets of Sea Bass, Fluke, Striped Bass, Tog, Bluefish or any other firm fish thin enough for sauteing.

Dredging

1/2 cup flour seasoned with salt & pepper 2 eggs well mixed (This is enough for ~1 lb fish)

1 tsp each onion powder and garlic powder

3 TBS water

1 TBS flour

1 TBS grated cheese

2 - 3 TBS parsley

2 TBS butter & 2 TBS EVOO for frying

Sauce If you have a favorite lemon sauce, use it. Otherwise

1/2 cup white wine

1/2 cup water

1/4 cup or more fresh lemon juice

1 TBS flour

2 TBS butter

Capers (optional)

Instructions

- 1. Put the flour in a shallow dish
- 2. Mix the eggs with flour, water, cheese, parsley and spice powders
- 3. Heat the butter and EVOO in a large pan. Add more if needed
- 4. Flour each piece and dip into egg mixture. Place in the heated pan. Add as many pieces as will fit in the pan. Cook 2 3 minutes per side depending on thickness. Flip over and cook for 1 2 minutes on the second side. Do not overcook!
- 5. Place on a tray in a warm 200 oven while you prepare the sauce.
- 6. Wipe out the pan and heat the butter. Add the capers if using. Add the flour and cook until browned.
- 7. Add the wine and reduce slightly
- 8. Add the water and lemon juice and reduce until thickened.
- 9. Off heat, you can add 1 or 2 more TBS butter to enrich the sauce
- 10. Pour over the fish, garnish with more parsley if desired, and enjoy!

http://www.vhfishingclub.com to read fishing reports submitted by fellow club members. Please submit your reports using the simple form on our website. If you prefer, please email Ed Valitutto edvalitutto@gmail.com or call 609 994 1311 and provide the details so I can do a report for you. Other members enjoy your reports and gain some valuable fishing insight. There were 14 reports for the month of June.



Marty had a nice trip with member Rick and friend Larry getting We had 25 keepers from 13 to over 17" with over a 100 throwbacks!



Ed V and friend Rig a Tony went out for Sea Bass on the GSN reef. We quickly got our limit along with 2 Cod and a ton of Tog. Armed with Spot, we headed for the north jetty. We probably had a dozen pickups and boated 7 – 8 Bass yielding two slots and one bonus tag fish. Twice, we even had two fish on at one time. What a day!



Pat P heaved some old clams out into the surf. A few minutes later, he tightened up and set the hook. After quite a few minutes and a 30 yard walk down the beach, Pat landed this ~39" black drum. Since he couldn't accurately align the tape, the fish was not entered into the FOM.



After fishing Double Creek, Oyster Creek and Hi Bar with only shorts, Ed V and member Alan Goracy fished near the Rutgers Buoy north of the BI buoy for two keepers along with a dozen shorts for the day. Not the best catching but a welcome day on the water.



Fishing south of OC near the man-made island, Ed V and member Alan worked hard for the two fish shown. Lots of shorts and a 19" and a 20+" keeper for Ed who was jigging pretty hard while Alan was mostly dead sticking. That was the only difference. Alan had a few bites and one short.







Pat P (top left) and Bill Bond show that a boat is not needed to catch Fluke. They hit the sod banks for three fluke - 19" 20" & 22".

Jerry Nichols went out solo and got this nice 21" plus a couple "large" shorts.

"Fishing with family and friends is the best but sometimes it's nice to tune everything out and fly solo!"



Bayside Dave caught a total of 10 fish, including this 21" keeper that slammed a 5" pink shine Gulp grub right in the wash.



Marty's first ocean Fluke trip started with a 19" Sea Bass - what a shame! But he added a 22", 19 1/2 " and 22 1/2 "



Doug O'Brien, Mike Woodrow & Jlm Healy went to the inlet and found Bluefish. But they were devouring bucktails and some top water. Overall, they boated 30 or so blues. Can't imagine what their boat looked like!



Joe Filice took his son-in-law, two grandsons and one of their friends on a fluke trip with Northend Fishing Charter. They caught 58 fluke with 9 keepers – all in the 19 to 21" range - for a memorable outing!



Mart, Wil and Paul fished at LE Reef. They each had 2 keepers but Marty managed to catch a 23 3/4" fluke that weighed 5 lbs and was 11" across!





The Beach Bums once again showing that they 'don't need no stinkin' boat' to catch Fluke.

CLASSIFIED ADS BUY, SELL or TRADE

Classified ads may be placed free of charge by any club member for non-commercial fishing related items. Please contact Ed Valitutto via email at edvalitutto@gmail.com to place your ad.

VHFC Hats - As previously reported, new hats with a khaki cap and dark blue brim with a mesh back were ordered and received. Hats are available at all meetings. Hats will have our logo on them and will be \$25. Eight original caps are still available for \$20 if you prefer. Hats are khaki colored and feature a high definition VHFC patch on the front. They are high quality and available at club meetings. If you would like a hat,come to a meeting to purchase one.

VHFC Shirts - Only 1 Medium left on hand - We no longer need to order a minimum of 12 shirts, so please let us know your size and color preference. Sizes range from XS (Extra Small)



to 6XL and are available in nine colors. Shirts feature UPF 50 Sun Protection. These are quality shirts to be worn proudly. White is shown in the photo. Sizes: XS, S, M, L, XL, 2XL, 3XL, 4XL, 5XL, & 6XL. Colors: White, Pale Green, Sand, Pale Orange, Pale Yellow, Pale Teal, Aqua, Lime & Medium Blue. Contact Chuck Dishian at cdishian@yahoo.com for placing an order. Last order prices were from \$30 - \$36 depending on size.

VESSEL SAFETY CHECKS By Jeff Orsoe - I am available to perform a Vessel Safety exam on your vessel at any time and have the VE stickers (Vessel Exam decal) that is placed on the vessel upon successful completion of the checklist. There is no charge and no consequences if your boat doesn't pass. Our goal is simply to help make boating as safe as possible for you, your family and your friends. Personal pleasure craft, only. The boat owner just needs to take care of the problem and reschedule another exam for the decal to be awarded. **Contact: Jeff Orsoe Cell / Text:** 732-672-5530 or email: jorsoe786@gmail.com.

A fire extinguisher is required onboard and all fire extinguishers now have a 12 year qualifying life cycle. If you look at the bottom, you will see the year it was made. Just add 12 years to that date to figure the expiration date.

CLASSIFIED ADS BUY, SELL or TRADE

Classified ads may be placed free of charge by any club member for non-commercial fishing related items. Please contact Ed Valitutto via email at edvalitutto@gmail.com to place your ad.

FISHING WITH CLUB MEMBERS - Members may place free ads in this section if you wish to find someone to fish with. Maybe you need to find someone with a boat or you are interested in

finding someone to share expenses on your boat. With gas prices reaching the sky, helping out with fuel costs is almost a necessity.

USEFUL INFORMATION LINKS

See the full list on our website Links

Wave Information (Height, Period, Direction and Water Temperature) from a Buoy 15 Miles Outside Barnegat Inlet Updated Every 30 minutes: <u>Buoy #44091</u>

Boat/US: http://www.boatus.com/

United States Coast Guard Auxiliary: http://www.cgaux.org/

Notice to Mariners (District 5): http://www.navcen.uscq.gov/?pageName=InmDistrict®ion=5

Fisherman's Headquarters: http://www.fishermansheadquarters.com/

The Boat Shop: http://theboatshoponline.com/

The Bass Barn: http://www.thebassbarn.com

Barnegat Fishing Hole: http://www.barnegatfishinghole.com/ubbthreads/ubbthreads.php

Animated Knots: http://www.animatedknots.com/

Long Beach Island Water Temperature & Winds:

https://seatemperature.info/long-beach-island-water-temperature.html

SPONSORS - The following sponsors offer a discount with the presentation of your current VHFC Membership Card. Discounts normally do not apply to items that are fair traded or items on sale.

BHW Marine Center 10% discount with VHFC card 857 Mill Creek Rd Manahawkin, NJ 08050 **609-709-5424**

Boat U.S.

Special membership price call Jeff Orsoe. Forms for members' use will be at VHFC meetings or call Jeff Orsoe 732-672-5530. Also, VHFC members only pay \$9.50 for a year of Boat U.S.

Creekside Outfitters 10% discount with VHFC card 403 Rt. 9 Waretown, NJ 08758 609-242-1812

D & S Marine Service 10% discount on parts with VHFC card6 460 Dock Rd, West Creek NJ 08092 **609-296-0309**

Empire Fishing & Tackle 10% discount with VHFC card 11 East Main St Tuckerton. NJ 08087 609 857 5291

Fisherman's Headquarters 10% discount with VHFC card 280 West 9th St, Ship Bottom, NJ 08008 **609-494-5739**

JB Awards 10% discount on engraving and trophies with VHFC card **609-290-5851**

Martek Electronics

701 Old Avalon Blvd Unit 4 Avalon, New Jersey 08202 609 390 3355

The Boat Shop 10% discount with VHFC card 756 E. Bay Ave, Manahawkin, NJ 08050 **609-597-1271**

Scott's Bait & Tackle 10% discount with VHFC card 609 294 1300

Surf City Bait & Tackle 10% discount with VHFC card 317 Long Beach Blvd, Surf City, NJ 08008 609 994 2333

West Marine - Special discount with VHFC card 424 Rte 9 S, Little Egg Harbor Twp, NJ 08087 609-296-6243